

Resource information may not be up to date

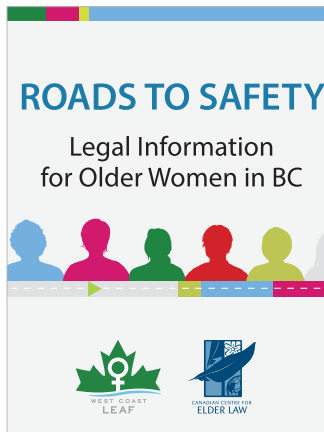
IF YOU ARE IN DANGER

If you think you are in danger,
call **9-1-1** for emergency help.

If you need help in a
language other than
English, say what
language you speak.






**Every woman deserves
safety and respect.**




Download the 100-page legal
handbook for older women at
westcoastleaf.org/roads/

CONTACTS FOR OLDER INDIGENOUS WOMEN





VICTIMLINK BC: Information and support for victims of crime, in many languages. Call to find out where to get other types of help. Toll-free: 1-800-563-0808. Text: 604-836-6381. TTY: 604-875-0885.



INDIGENOUS COMMUNITY LEGAL CLINIC: Legal assistance for Indigenous people in the Lower Mainland of BC who cannot afford a lawyer. Toll-free: 1-888-684-7874.

TTY: Teletypewriter for deaf and hard-of-hearing people.
Information current as of May 2016.

SENIORS ABUSE AND INFORMATION LINE (SAIL): A safe place for older adults to talk about abuse/mistreatment and its prevention. Toll-free: 1-866-437-1940 (8 am – 8 pm). TTY: 1-855-306-1443.

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT LINE: Help and information for grandparents and other relatives raising a family member's child. Toll-free: 1-855-474-9777 (Monday, Tuesday, Thursday & Friday, 11 am – 3 pm). Email: GRGline@parentsupportbc.ca

RISE WOMEN'S LEGAL CENTRE: Legal help with family law issues for low-income women. 604-451-7447.

WOMEN AGAINST VIOLENCE AGAINST WOMEN (WAVAW): Services for women who have experienced sexual violence. 24 hours, toll free: 1-877-392-7583.

NATIONAL INDIAN RESIDENTIAL SCHOOL CRISIS LINE: Emotional support and information for survivors of residential schools. 24 hours, toll-free: 1-866-925-4419.

