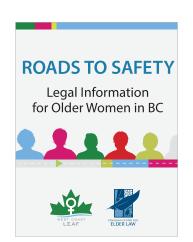
IF YOU ARE IN DANGER

If you think you are in danger, call **9-1-1** for emergency help.

If you need help in a language other than English, say what language you speak.



Every woman deserves safety and respect.



Download the 100-page legal handbook for older women at westcoastleaf.org/roads/

CONTACTS FOR OLDER INDIGENOUS WOMEN







INDIGENOUS COMMUNITY
LEGAL CLINIC: Legal assistance for Indigenous people in the Lower
Mainland of BC who cannot afford a lawyer. Toll-free: 1-888-684-7874.

TTY: Teletypewriter for deaf and hard-of-hearing people. Information current as of May 2016.

SENIORS ABUSE AND INFORMATION LINE (SAIL): A

safe place for older adults to talk about abuse/mistreatment and its prevention. Toll-free: 1-866-437-1940 (8 am –8 pm). TTY: 1-855-306-1443.

GRANDPARENTS RAISING GRANDCHILDREN SUPPORT LINE:

Help and information for grandparents and other relatives raising a family member's child.
Toll-free: 1-855-474-9777 (Monday, Tuesday, Thursday & Friday, 11 am – 3 pm). Email: GRGline@parentsupportbc.ca

RISE WOMEN'S LEGAL CENTRE:

Legal help with family law issues for low-income women. 604-451-7447.

WOMEN AGAINST VIOLENCE AGAINST WOMEN (WAVAW):

Services for women who have experienced sexual violence. 24 hours, toll free: 1-877-392-7583.

NATIONAL INDIAN RESIDENTIAL

support and information for survivors of residential schools. 24 hours, toll-free: 1-866-925-4419.

